

Lesson 11:

Meditating On and Teaching the Bible

Effective Bible Study

2 Timothy 2:15

Read It, Explain It, Apply It

Lesson Summary: The final two foundations of Bible study are meditating on the Bible, and teaching the Bible. These two disciplines and duties will aid your understanding of God's word in wonderful ways.

Meditating on the Bible

To meditate on the Bible is to reflect on it, over and over again. You cannot download spirituality.

Six Passages About Meditating on God's Word:

1. Deuteronomy 6:6-9:
 - a. God's word is to be in my heart (Deut. 6:6-7).
 - b. God's word is to be everywhere in my life (Deut. 6:8-9).
2. Joshua 1:8 – There is a connection between meditation and action.
3. Proverbs 23:7 – You become what you think.
4. Psalm 1:1-2 – Meditation is a mental discipline, a lifestyle.
5. Psalm 119:97 – Meditate on God's Word all the day.
6. Psalm 19 – The psalmist viewed meditation as a spiritual necessity.

Teaching the Bible

The things we learn well enough to teach are the things we retain.

Teaching the Bible is a serious responsibility.

1. As a teacher, my mistakes can affect many people (James 3:1-2).

2. Remain teachable (cf. Acts 18:24-28).

3. Remain humble (James 4:6, 10).

4. Make the text your top priority (2 Timothy 4:2).

5. Know your "why" (James 1:21).
